

DAY 6

Surely God is my salvation; I will trust and not be afraid. The Lord, the Lord himself, is my strength and my defense; he has become my salvation.
(Isaiah 12:2 NIV)

God never promised to change our painful circumstances into easier ones. I know, bummer. God didn't promise that all our hurt, challenges, or struggles would disappear when we follow Jesus. God does promise to be with us, to understand what we are going through, and to be a source of strength to help us through it all. To be the One we can trust so that we don't have to stay afraid. With that in mind, we can walk forward with faith believing, that what God promises, God will do.

What are you facing right now? What's causing you to fear? Identify it, write it down, say it out loud. Spend some time telling God exactly how you're feeling about your situation. God can handle your honesty. And then, ask God to give you the strength you need to walk through it and the faith to remember that He is always with you.

DAY 7

Your word is a lamp for my feet, a light on my path.
(Psalm 119:105 NIV)

This verse changes how we understand the Bible as a whole. This verse from the Psalms means the Word of God isn't just something to skim over and treat like required reading. We can use the words written in the Bible to help us gain the wisdom we need to navigate our daily lives. Scripture reminds us that God is with us and cares about all the details of your life.

Today, draw a picture that reminds you of the meaning of this verse or do something else creative to help remember it.

DAILY DEVOTIONAL

FOR AN
everyday faith.

TABLE OF CONTEXT / WEEK 3

DAY 1

**"For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow."
(Hebrews 4:12a NIV)**

Have you ever watched a movie and felt inspired afterward? You felt like you could handle everything life was throwing at you simply from feeling encouraged and empowered. You haven't physically changed, but on the inside, you feel different.

The same feeling of being empowered happens when we apply God's Word to our lives. God's Word empowers us to live the kind of lives God wants for us and we want for ourselves. God's Word gives us strength when we need it.

Today, read this verse a couple more times and write down one idea of how God's Word empowers you.

DAY 2

**The earnest prayer of a righteous person has great power and produces wonderful results.
(James 5:16b NLT)**

This verse written by James (the brother of Jesus) reminds us that our prayers are powerful—Not because we will necessarily get what we want, but because when someone knows we are praying for them, it communicates love, honor, and compassion.

Today, pray for someone. Then, after praying for this person, text them, message them, or tell them face to face that you prayed for them and what they are going through. Just knowing someone cares could be the "wonderful results" your friend needs right now.

DAY 3

I weep with sorrow; encourage me by your word.
(Psalm 119:28 NLT)

The right words at the right time can carry so much power and weight, especially if we are going through a challenging time. We often think of the Bible as just a book telling us what to do and what not to do. It is so much more as it helps tell the story of how God loves and cares for people in both the good and the hard moments of their lives. Taking the time to read about how God showed up for others can encourage and help you.

Connecting to the experiences of people who felt the same sorts of things you have—loneliness, fear, anxiety, uncertainty—can be really helpful in your own faith journey. Scripture includes these experiences of people to remind us we aren't alone. God can handle your emotions and may have something in the words of the Bible to encourage you.

Today, write down a few words describing how you feel, and then pray to God sharing why you feel that way.

DAY 4

But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint.
(Isaiah 40:31a NIV)

What do you think it means to be strong? Is it physical strength you use in the weight room or on the field? Is it emotionally strong, knowing you can face any circumstance with God? Whatever comes to mind when you think about the word "strength," chances are we often feel like our current level of strength just isn't enough. We probably would all choose to be stronger if we could. So, what if I told you that you could be? When you know what God says about you, and what's true about God, you can walk through life with more confidence and a strong relationship with God.

You can go through your day knowing that God is always ready to strengthen and encourage you when you need it. Memorizing Scripture can help you call them to mind in the moments when you need to hear them, serving as encouragement and strength.

Today, spend some time thinking about this verse and reflecting on how your relationship with God can make you stronger as you walk through life.

DAY 5

Your word is a lamp to guide my feet and a light for my path.
(Psalm 119:105 NLT)

Written by Emma, age 18, from Coweta, Oklahoma, USA

I have you ever tried to walk in the dark with absolutely no light? If you've ever done that, you know it's hard to find your way, and you will probably bump into a few things.

This is how I sometimes feel when I'm not consistently engaging with the Bible. I feel lost with no way of knowing what the right way is to go in my life or what decisions I'm supposed to make. But when I consistently read my Bible, I find wisdom that helps guide my life and decisions. My path has been illuminated when I open and engage with my Bible. The authors of Scripture were inspired by God and their written words have given us wisdom to live by. But, we can only know what God's Word has to say when we read our Bible and invite God to speak to us through His Word.

Today, I encourage you to open your Bible and read it. Ask God to help you gain wisdom from the pages you can apply to your life. Allow God's Word to light your path so you can walk courageously in the plans God has for you.

